

The Second Wind For Life Initiative

Programs

✓
Heal Thyself

✓
The Windmill Fund

✓
SWFLI Kids



Appointments

Tuesday-Thursday
& 3rd Friday of the Month
10:00am - 3:00pm
281-444-1045

Initiatives

- ✓ Empowerment Courses
- ✓ Chronic Disease Education
- ✓ Health Transformation Coaching
- *****
- ✓ 2 Hours of Me - Senior Support
- ✓ Basic Needs Assistance
- ✓ Affordable Health Insurance
- ✓ Free Tax Preparation Navigation
- ✓ Free/Low Cost Internet Connectivity & Devices
- *****
- ✓ Empowerment Camp - Courses
- ✓ It Suits U! Foster Kids
- ✓ Gun Safety Awareness
- ✓ G.I.F.T.S. Aging Out of Foster Care

We're here for you!

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